# STATE OF COLOR

John W. Hickenlooper, Governor Larry Wolk, MD, MSPH **Executive Director and Chief Medical Officer** 

Dedicated to protecting and improving the health and environment of the people of Colorado

Laboratory Services Division

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# **Stroke Advisory Board Work Group Summaries** April 22, 2014

The work groups met for thirty minute sessions via telephone. Those discussion summaries are outlined below. The agenda for the next meeting was created from the following discussions.

# **Next Meeting:**

- Review the goals and plan for the year
- > Begin the nomination process for the change in leadership for chair and co-chair positions
- Data:

Look at data with five measures

Define questions we want answered with data and consider sources for the data Research permissions to publicize facility performance information

Rural and Urban Care coordination

Define questions for RETACS and discuss presentation material

Treatment and Prevention:

Group to review treatment algorithm and standards

Department to present the draft recognition process

Feedback was to primarily display signs and symptoms and advise emergent care Secondly, have the map available as a proactive resource for the community

## **Data Registry Work Group**

**CDPHE Staff:** Eileen Shelby, Grace Sandeno and Scott Beckley **Guests Via Telephone:** LeighAnne Creighton, Mary Meyers

Roll Call/Call to Order: 1:00 PM

| Members           | Serving as:                             | By Phone | Absent |
|-------------------|---|----------|--------|
| Kevin Burgess     | EMS Provider                            | X        |        |
| Coral Cosway      | Rep. National Association               |          | Х      |
| Nancy Griffith    | Statewide Hospital Association          | Х        |        |
| Christina Johnson | Statewide Chap. Emerg. Physician        |          | Х      |
| William Jones     | Physician Vascular Neurology            |          | Х      |
| Michelle Joy      | Admin at Rural Hospital                 |          | Χ      |
| Julia Cowan       | Rep. Stroke Rehab Facility              |          | Χ      |
| Mary Ann Orr      | Person/Caregiver Stroke Survivor        |          | X      |
| Michelle Reese    | Representing CDPHE                      |          | X      |
| David Ross        | Statewide Assoc. of Physicians          |          | Х      |
| Karin Schumacher  | Phys/Occup Therapist                    | Х        |        |
| Richard Smith     | Rep. National Stroke Assoc.             | Х        |        |
| Michelle Whaley   | RN in Stroke Care                       | X        |        |
| Mary White        | Admin at Urban Hospital                 |          | Χ      |
| Chris Wright      | Expert Stroke Database                  | Х        |        |
| Donald Frei       | Physician Interventional Neuroradiology |          | Χ      |
| Unfilled          | Primary Care Physician                  |          | Χ      |
| John Hudson       | Neurosurgeon                            |          | Χ      |
| Tim Bernard       | Neurologist Serving Rural Area          |          | Х      |

The previous session outlined five measures of interest. This discussion involved interest in quality outcome measures which are not readily available. In the past these efforts have been grant funded. That discussion is tabled while the current five measures are explored using hospital discharge data. Scott Beckley is gathering data on tPA usage using drip and ship codes to be presented at the next meeting. Readmission rates and acuity adjusted mortality show to be promising possibilities. Scott Beckley will research the possibility of acuity adjusted measures using discharge data after receiving algorithms from group members' research. Readmission rates are a little more difficult to obtain as this is not tracked if a patient is readmitted into a different hospital system than the original occurrence.

#### **Next Steps:**

Griffith to email algorithms used with acuity adjusted mortality to Scott Beckley Staff is to pull discharge data and report on the five identified measures Members are to consider the main questions that gathered data should answer

## **Rural and Urban Care Coordination Work Group**

**CDPHE Staff:** Eileen Shelby, Grace Sandeno and Scott Beckley **Guests Via Telephone:** LeighAnne Creighton, Mary Meyers

Roll Call/Call to Order: 1:32 PM

| Members           | Serving as:                             | By Phone | Absent |
|-------------------|---|----------|--------|
| Kevin Burgess     | EMS Provider                            | X        |        |
| Coral Cosway      | Rep. National Association               | X        |        |
| Nancy Griffith    | Statewide Hospital Association          |          | Χ      |
| Christina Johnson | Statewide Chap. Emerg. Physician        |          | Χ      |
| William Jones     | Physician Vascular Neurology            |          | Χ      |
| Michelle Joy      | Admin at Rural Hospital                 |          | Χ      |
| Julia Cowan       | Rep. Stroke Rehab Facility              | X        |        |
| Mary Ann Orr      | Person/Caregiver Stroke Survivor        |          | Х      |
| Michelle Reese    | Representing CDPHE                      |          | Χ      |
| David Ross        | Statewide Assoc. of Physicians          | X        |        |
| Karin Schumacher  | Phys/Occup Therapist                    | X        |        |
| Richard Smith     | Rep. National Stroke Assoc.             |          | Х      |
| Michelle Whaley   | RN in Stroke Care                       | X        |        |
| Mary White        | Admin at Urban Hospital                 |          | Х      |
| Chris Wright      | Expert Stroke Database                  | X        |        |
| Donald Frei       | Physician Interventional Neuroradiology |          | Х      |
| Unfilled          | Primary Care Physician                  |          | Х      |
| John Hudson       | Neurosurgeon                            |          | Х      |
| Tim Bernard       | Neurologist Serving Rural Area          |          | Х      |

The last meeting concluded with the main goal of contacting and coordinating treatment guidelines and education efforts through the RETAC systems. Sandeno with the department is attending the conference in Crested Butte and it is expected that the Stroke Advisory Board will have time for a representative to connect and present. Whaley acknowledged funds will be needed to support coordination efforts with EMS and hospitals. The consensus is to communicate the hope to coordinate treatment and protocols within EMS and rural hospitals and ensure quality improvement processes. Questions for the RETACS include asking for deficiencies in coordination to help establish goals for the Stroke Advisory Board. The previous map Scott Beckley presented will be helpful showing stroke and regional statistics.

**Next Steps:** 

Organize questions for the RETAC meeting in June

Prepare presentation including the previous statistical map shared by Scott Beckley

#### **Treatment and Prevention Work Group**

**CDPHE Staff:** Eileen Shelby, Grace Sandeno and Scott Beckley **Guests Via Telephone:** LeighAnne Creighton, Mary Meyers

Roll Call/Call to Order: 2:04 PM

| Members           | Serving as:                             | By Phone | Absent |
|-------------------|---|----------|--------|
| Kevin Burgess     | EMS Provider                            | Х        |        |
| Coral Cosway      | Rep. National Association               |          | Х      |
| Nancy Griffith    | Statewide Hospital Association          |          | Х      |
| Christina Johnson | Statewide Chap. Emerg. Physician        | Х        |        |
| William Jones     | Physician Vascular Neurology            | Х        |        |
| Michelle Joy      | Admin at Rural Hospital                 |          | Х      |
| Julia Cowan       | Rep. Stroke Rehab Facility              | X        |        |
| Mary Ann Orr      | Person/Caregiver Stroke Survivor        | Х        |        |
| Michelle Reese    | Representing CDPHE                      |          | Х      |
| David Ross        | Statewide Assoc. of Physicians          | X        |        |
| Karin Schumacher  | Phys/Occup Therapist                    | X        |        |
| Richard Smith     | Rep. National Stroke Assoc.             |          | X      |
| Michelle Whaley   | RN in Stroke Care                       |          | X      |
| Mary White        | Admin at Urban Hospital                 |          | Х      |
| Chris Wright      | Expert Stroke Database                  |          | Х      |
| Donald Frei       | Physician Interventional Neuroradiology |          | Х      |
| Unfilled          | Primary Care Physician                  |          | Х      |
| John Hudson       | Neurosurgeon                            |          | Х      |
| Tim Bernard       | Neurologist Serving Rural Area          |          | Х      |

The treatment and prevention group was charged with designing treatment standards and an algorithm to discuss at this meeting. A draft algorithm was distributed electronically for review. This session was spent organizing the algorithm and requirements to accomplish steps in the flow of care. It is expected that all hospitals in Colorado would be considered stroke-ready currently since they do have CT and tPA available. The consideration is to follow-up with small and rural facilities to establish realistic response time guidelines to perform a CT and have it read whether the expertise is on staff or available by phone or telemedicine. The guidelines are 25 minutes to scan and 45minutes to read. The members understand rural facilities may have special circumstances where these guidelines may not be realistic. The updated algorithm will be posted online and distributed to members. Rehabilitation was addressed and will be added to the algorithm and part of future discussions.

#### **Next Steps:**

Staff is to research current EMS treatment protocols, CT scan and read capabilities
Staff is to connect with Colorado Rural Health to attempt representation at the next meeting
Staff is to continue researching rehabilitation aspects of stroke care in Colorado